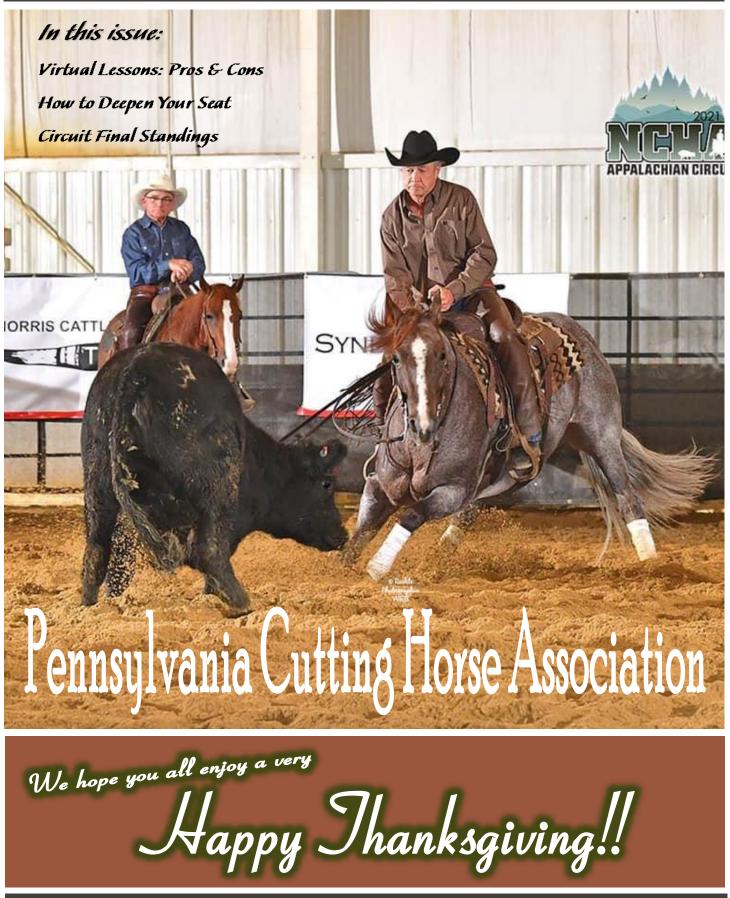
## PCHA

## November 2021





### To help ensure we have accurate information, please complete the entire contact section.

Name:		Date:	
Address:			
Primary Phone:	Alt. Phone:		
Email:			

Membership Applications	\$25 per adult	\$15 per youth*	
NCHA # Adult 1		NCHA # Youth 1	
NCHA # Adult 2		NCHA # Youth 2	

All nominations include rider and all horses shown by PCHA member. Award recipients must participate in 40% of the PCHA approved classes. The rider and owner of any horse must be a PCHA member for points to count for year end awards. Only money won after paid nominations will count toward year-end awards.

NOTE: Youth are required to be PCHA members for points to count towards year-end awards, but the owners of horses they ride may be non-members.

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Nominations \$75 per adult		\$25 per youth	
Adult 1:	Youth 1:		
Adult 2:	Youth 2:		
Adult 3:	Youth 3:		
Newsletters: In an effort to reduce cost, newsletters will be	Qty	MEMBERSHIP:	Amt
electronically shared through email, Facebook, and our websit		Adult(s) @ \$25 each	\$
Click on the link at the bottom of the membership page of our newsletter to subscribe to our email list.		Youth(s) @ \$15 each	\$
My signature below confirms all information, nominations for	r	NOMINATIONS	
year-end awards, and my donation to the PCHA. Signature:		Adult(s) @ \$75 each:	\$
Signature		Youth(s) @ \$25 each:	\$
Please send completed forms to Bill St	1	Donation to PCHA:	\$ Thank
495 Schell Rd, Turbotville, PA 17772 or hws711@gmail.com	2	Total Enclosed:	\$

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<b>End Standings</b>
Year
PCHA
2021

		Horse	Rider	Owner	ŧ	calilities
Open	1	Smoother Than Annie	James McDonough	Cathy Ocharzak	7	\$2,666.33
2	2	Hidden Assets	Andrew Sutliff	Joseph Gatten	10	\$ 2,482.84
	4	Ichi City Limits	Kent Stough	Robert Bazin	ŋ	\$ 1,473.46
	ъ	Ichin In The Reyn	Kent Stough	Robin Branch	8	\$ 945.24
	9	Rey Reddington	Andrew Sutliff	Lindsay Seligman	8	\$ 701.52
	7/8	A Whittle Star Cat	George Bongiorno	George Bongiorno	Ŋ	\$ 597.12
	7/8	Sly Reygirl	Grady Duncan	William Riddle	4	\$ 597.12
	6	VR Wilson Blue	Kent Stough	Paul Ritchie	4	\$ 547.36
	10	Lets Go Crazzy	Jamie Beamer	Sandra Brown	4	\$ 333.00
Non Pro	1	A Whittle Star Cat	George Bongiorno	George Bongiorno	12	\$ 5,187.80
	2	Smoother Than Annie	Christina Ocharzak	Cathy Ocharzak	10	\$4,325.76
	£	Lets Go Crazzy	Eric Polansky	Eric Polansky	10	\$ 2,689.31
	4	Chex N Sugar Pops	David Phillips	David Phillips	11	\$ 2,103.50
	5	Dasher Cat	Jack Werner	Jack Werner	11	\$ 1,560.03
	9	Dulce Kitty	Eric Goldberg	Eric Goldberg	10	\$ 1,442.64
	7	Rey Reddington/One Metallic Cat	Lindsay Seligman	Lindsay Seligman	9	\$ 1,280.89
	∞	Ichi City Limits	Robert Bazin	Robert Bazin	9	\$ 963.61
	6	Katzidy	Kassidy Etzel	Kassidy Etzel	7	\$ 851.54
	10	Stray Kat Strut	Joel Cohen	Judith Cohen	4	\$ 621.55
	11	Shes A Peptostar / Lets Go Crazzy	Sandra Brown	Sandra Brown	6	\$ 472.62
	12/13	Dealiteful	Melissa Keown	Melissa Keown	9	\$ 372.93
	12/13	MK Chapman II	Charles Arnold	Charles Arnold	S	\$ 372.93
	14	Catty Bo Badger / Smartlee As A Cat	Marshall Miller	Marshall Miller	ъ	\$ 279.65
\$50,000 Amateur	1	Shes A Peptostar / Lets Go Crazzy	Sandra Brown	Sandra Brown	6	\$ 1,127.52
	2	Catty Bo Badger	Marshall Miller	Marshall Miller	2	\$ 762.92
	ю	Athena Mad Man	Cathy Ocharzak	Cathy Ocharzak	S	\$ 439.68
	S	One Metallic Cat	Gerard Seligman	Gerard Seligman	8	\$ 143.04

2021 PCHA Ye	ar End	2021 PCHA Year End Standings (As of October 31, 2021)	31, 2021)			
		Horse	Rider	Owner	#	Ean
\$35,000 Non Pro	1	Style N Blue	Michelle McNutt	Michelle McNutt	10	\$ 8
	2	Whiskey Cat	Jeffery Carver	Jeffery Carver	∞	\$ 7
	ß	Athena Mad Man	Cathy Ocharzak	Cathy Ocharzak	9	Ş
	4	Countin on Boon	Denise Jones	Denise Jones	∞	с З
	S	Peptos Turn to Dual	Scott Gordon	Scott Gordon	4	\$ 2
\$15.000 Amateur	<del>.</del>	Hiddin Assets	losenh Gatten	losenh Gatten	10	10 \$11

		Horse	Rider	Owner	#		Earnings
\$35,000 Non Pro	1	Style N Blue	Michelle McNutt	Michelle McNutt	10	ŝ	813.28
	2	Whiskey Cat	Jeffery Carver	Jeffery Carver	∞	ŝ	741.52
	ß	Athena Mad Man	Cathy Ocharzak	Cathy Ocharzak	9	ŝ	598.00
	4	Countin on Boon	Denise Jones	Denise Jones	∞	ŝ	358.80
	Ŋ	Peptos Turn to Dual	Scott Gordon	Scott Gordon	4	ŝ	215.28
\$15,000 Amateur	1	Hiddin Assets	Joseph Gatten	Joseph Gatten	10	\$1,	\$ 1,186.44
	2	Stylish Brow	Eric Wilson	Eric Wilson	ഹ	ŝ	676.04
	ß	Ms April Cat	Brittany Gresh	Brittany Gresh	9	ŝ	464.95
	4	Athena Mad Man	Cathy Ocharzak	Cathy Ocharzak	7	ŝ	424.58
	S	HR Cats Meow	Jason Liddle	Jason Liddle	4	ŝ	412.62
	9	Hez All Cat	Tracy Walker	Tracy Walker	٢	ŝ	217.07
\$25,000 Novice Horse	1	MK Smooth Texas	Andrew Sutliff	Shelley Casciato	12	\$ 5,	\$ 5,106.29
	2	Magic Lights	Kent Stough	Diane Sullenberger	4	ŝ	820.41
	m	One Metallic Cat	Andrew Sutliff	Gerard Seligman	9	\$	300.80
\$5,000 Novice Horse	1	Ich Travels Special	Kent Stough	Lvndra Bills	7	\$3,	\$ 3,290.80
•	2	TCRCOLEMEANARISTOCAT	Andrew Sutliff	Donna Stonebeck	12	\$2,	\$ 2,547.49
	ю	RL Catspicious	Andrew Nave	Dana Frymoyer	9	\$2,	\$ 2,152.42
	4	No Gun Play Haida	Andrew Nave	Charles Arnold	4	ŝ	497.68
\$25,000 Novice Non Pro	1	Chex N Sugar Pops	David Phillips	David Phillips	6	ŝ	992.96
	2	Modified Cat	Lyndra Bills	Lyndra Bills	∞	ŝ	898.69
	ŝ	MK Smooth Texas	Shelley Casciato	Shelley Casciato	7	\$	758.40
\$2,000 Limited Rider	1	DMAC Sterling Spoon	Alise Melvin	Karlene Minnich Schlegel	12	\$2,	\$ 2,213.79
	2	Ms April Cat	Brittany Gresh	Brittant Gresh	9	ŝ	392.89
	ŝ	Hiddin Assets	Joseph Gatten	Joseph Gatten	4	ŝ	358.80
	4	Max Wilson	Jessica Gehringer	Jessica Gehringer	9	ŝ	310.96
	Ŋ	Hez All Cat	Tracy Walker	Tracy Walker	2	Ś	161.46

### PCHA NEWSLETTER NOVEMBER 2021 page 4

gs (As of October 31, 2021)	2021 PCHA Year End Standings (As of October 31, 2021)		
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		Horse	Rider	Owner	# Earnings
Youth	Ч	Whiskey Cat	Jeffery Carver	Jeffery Carver	8 \$ 527.85
_	2	Catty Bo Badger	Morgan Miller	Marshall Miller	5 \$ 233.91
	S	Style N Blue	Alexus Garber	Michelle McNutt	5 \$ 183.08
	4	WSR Lookin High	Shelby Beidleman	Austin Dietrich	7 \$ 53.36
	Ŋ	Uno Dos Tre Catro	Colt Sutlff	Pat Dally	9 \$ 7.36
\$5,000 Novice Non Pro	1	Playreycious	George Bongiorno	George Bongiorno	7 \$4,025.16
	2	Wicked Metal	Morgan Miller	Marshall Miller	6 \$ 2,302.18
	ŝ	Ich Travels Special	Lyndra Bills	Lyndra Bills	7 \$ 2,163.35
	4	Lets Go Crazzy	Sandra Brown	Sandra Brown	6 \$ 2,138.32
	S	Spot Fancy Cat	Jennifer Lynch	Jennifer Lynch	9 \$ 2,025.04
	9	Ichi City Limits	Robert Bazin	Robert Bazin	6 \$1,222.99
	7	Catchya Suen	William Stein	William Stein	12 \$ 892.24
	8	LittleBitOfThat	Caroline McNeely	Caroline McNeely	4 \$ 818.27
	6	Johnny Royal	Joe Jingloli	Joe Jingoli	7 \$ 547.36
	10	The Bluez Feather	Brad Langenberg	Brad Langenberg	5 \$ 391.71
	11	Countin on Boon	Denise Jones	Denise Jones	8 \$ 323.36
	12	RL Catspicious	Dana Frymoyer	Dana Frymoyer	4 \$ 149.15
PCH	13	Highbrow Silk N Lace	Joe Jingloli	Joe Jingoli	7 \$ 124.31
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HERDWORK



### How to Deepen Your Seat

by Barbra Schulte

September 23, 2021 This week, this question came up: "What does deepen your seat mean?" Now, that's a GREAT question. That's what this short podcast is all about.

Our seat is the most fundamental part of our riding, and it is multi-dimensional. It is our most direct line of cueing and communication with a horse. It is the center of our balance. And when our body is aligned, our limbs are loose, and we are focused; it's as if we are one with a horse.

When we understand all that's involved with our seat, we can continue to develop this means of communication with our horse for a lifetime.

1. Experiencing your seat in unison with your horse...

- Expand the concept of "seat" to mean the lower trunk of the body.
- The hip bones are aligned with the shoulders and down to the ankles for much of the time in the saddle.
- When a horse is moving, our seat moves in a variety of ways and rhythms with a horse (depending on the gait, speed, situation, etc.).

2. Use your seat proactively with your eyes and breath for...

- Slowing down
- Stopping
- Speeding up
- Turning
- Smoothness in all maneuvers

3. How-to reminders:

- Keep your body loose
- Give your horse time to feel your seat
- Go to your seat/eyes/breath first for communications and transitions
- Legs/feet come next as cues
- Hands are used as support last

Before I go, I want to remind you that learning a new skill or deepening a skill has many layers.

First, you learn what you want to do and why it's important. In this case, we're talking about riding with an active consciousness of your seat because it is the most direct line of communication with your horse; it is how you develop feel, and it can help you stay calm and focused on the inside as you stay softly anchored in the saddle.

But here's another critical point. It's not just understanding what we're doing and why it's important that allows you to grow a skill. It's the practice of the new behavior day-in and day-out and refining your technique indefinitely.

You come to any riding session with your own positive behaviors as well as things you need to improve – and so does your horse.

This is the spot where many people neglect cultivating a skill to higher levels. If they only understand that a behavior is important but don't really practice it strategically over time, they return to their default skill levels – for better or worse. No true progress is made.

In the case of developing more feel through our seat, it's easy to want to move on to more complex maneuvers and just assume that we know about our seats and what to do.



BestHorse Practices

Virtual Lesson Pros & Cons



Best Horse Practices Podcast with Jec Ballou, September 30, 2021

For this episode, Jec invites Patrick King, the renown clinician and trainer with a very active online presence, but who travels widely, too. They talk about the pros and cons of virtual lessons. It's pretty cool because Jec actually took a virtual lesson from Patrick and part of their discussion is about how that went.

I'd heartily agree with them that us horse riders are behind the times when it comes to using technology to optimizing our situations. We can be a curmudgeon-y group, can't we?

And, really, why work smarter when you can work harder and spend more money?

Earlier this year, I had a friend video tape my work with my horse, Barry, and sent several minutes of footage to Amy Skinner. Her insight was very helpful and enabled my horse and me to make progress we surely would have not made otherwise.

Can riders get better from the comfort of their yard, without pushing their comfort zones and going to new places with their horses?

Will the growing popularity of virtual lessons and virtual clinics mean that clinicians can just spend the day on their couches, instead of tooling around the country?

I'm exaggerating, of course, but it will really be interesting to see how technology shifts the horse rider student teacher dynamics and possibilities.

You can listen to this interview at https://besthorsepractices.libsyn.com/virtual-lessons



# YOU CAN HELP FIND OUR 2022 SPONSORS!

As you know, we offer \$499 added money classes each day in the Open, Non-Pro, 5K Novice and the 5K Nov NP, as well as \$299 added in the 25K Nov and \$200 added in the 50K Amateur and 25K NH NP.

### However, we cannot do this without our generous sponsors.

We are extremely grateful to everyone who has sponsored us in the past, and we would love to continue growing our PCHA community!

We offer a variety of sponsorship packages providing visibility and access to our PCHA events and members. This can include banners hung up at shows, social media shout outs (we have over 1.7k followers on Facebook alone), class naming rights, show announcements, or logo displays on the website and in our monthly newsletters.

### You can help PCHA grow our sponsor network by...

- Reaching out to businesses you think would benefit from having their name in front of avid cutters, and horsemen.
- Ω Rounding up a few fellow members to jointly sponsor a class together.
- Ω Considering sponsorship of a class in honor of the memory of someone who inspired you – or inspired some of our cutters throughout PCHA.

Check out the various sponsorship opportunities and sign up to become a sponsor @

### https://www.pchacutting.com/sponsor-info







One of the most important aspects of learning a new horse discipline is good training. These trainers will help get you off to a good start and/or keep you going & growing.



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