

Pennsylvania Cutting Horse Association

PCHA December 2019



We are officially out of horse pictures!

Feel free to email pictures to info@pchacutting.com

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A WORD FROM OUR SECRETARY

Happy Hanukkah, Merry Christmas, Happy New Year, and if there's another holiday you celebrate, we hope you have a fabulous one!

2019 has been an awesome year! I've thoroughly enjoyed seeing you all at the shows & events, and appreciate all the helping hands in our group.

2020 is coming on quickly, and I'm excited about some of the changes in the Cutting world. Page 3 shows the 2020 show schedule, and gives some detail about the regional championships coming to our region in 2020 and the NCHA in 2021!!

Please be sure to note that more shows count for the regional competition, so the number of shows required for participation is different.

The icy cold weather is definitely upon us (even if it is sporadic right now!). Please be careful as you move yourself and your animals about in icy conditions this year.

Joanne Thayer



2020 SHOW SCHEDULE

The 2020 show season will bring with it a few changes:

In preparation for NCHA's plan to include regional championships for the weekend cutter, hopefully starting in 2021, Area 4 will be hosting their own regional championship in 2020. Participating in Area 4 are areas 19, east part of area 17 and Canada.

The shows designated as "Regional" are qualifying shows for the Area 4 championships; current proposal is you must compete in 40-50 percent of these shows to be eligible. This championship is still in the planning stages, with any changes and final information to be announced at a later date. This show will likely be held in conjunction with the October show at Dream Park.

PCHA will continue our practice of annual PCHA standings & awards, with shows in our new locations at Bloomsburg and Dream Park. The qualifying shows for PCHA year end awards are designated under the PCHA column.



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Date	Location	Regional	PCHA
April 25-26	Elkins WV	Yes	
May 16-17	Bloomsburg, PA	Yes	Yes
May 23-24	JMJ Farm Lewsiburg WV	Yes	
June 13-14	Bloomsburg, PA	Yes	Yes
June 20-21	OPEN		
June 27-28	Doswell, Va	Yes	Yes
July 11-12	Elkins, WV	Yes	
July 18-19	Garwood Arena Columbiana OH		
July 25-26	Dream Park, PA	Yes	Yes
August 7-9	Shelbeyville, KY		
August 10-11	Louisville, KY		
Sept 12-13	Bloomsburg, PA	Yes	Yes
Sept 19-20	OPEN		
Sept 29-Oct 3	CONGRESS Columbus OH		
October 10-11	JMJ Farm Lewsiburg WV	Yes	
Oct 24-25	Dream Park, PA	Yes	Yes
Nov 4-5	North American Louisville KY		
Nov 6-8	Shelbyville, KY		

ONCE IN A LIFETIME

Once in every equestrian's life, they will meet a special horse.

This horse won't necessarily be a Badminton winner or dressage champion. They won't always carry multiple titles or be the most talented with the best breeding.

Very often, these horses are nothing more than ordinary. They might have the odd lump here or a strange marking there. They probably won't tick all the boxes for conformation and they will probably have some character "quirks" that not everyone will be able to see past.

You don't find these horses, they find you. They can come to you by accident or hide in plain sight. They are the one rescued from the meat man or the one in the last stable at the dealing yard. They are the last horse you go to see before you give up searching or the scruffy three year old stood in a field of mud. They are the horse you never even knew you needed.

People will raise an eyebrow when you say this is your "best horse". Not everyone will see what you see and that's ok because this horse will be special to you. They will unlock little things inside you and make you feel more at home than you've ever felt anywhere else in your life.

They may not always be easy, in fact they might be anything but easy, but it doesn't stop you loving them. I'm not saying they will follow you round the arena with no lungeline, or that you can ride them tackless down the beach... but you'll have your own connection that is hard to describe and even harder to explain.

There is no rhyme or reason as to why this horse is so special. You don't have to have won at every event or defied death together to validate your relationship, it just happens.

You won't feel this way about another horse. Sure, there will be ones that come close and it doesn't stop you loving any other horse just as much as this one, but this one is special. This is your heart horse.

Some people stumble across their heart horse early on in their life, others wait a lifetime to meet, but somewhere out there is a horse that was made for you, so if you haven't met them yet... be patient, they will find you.

They might not always be the horse you want, but they will always be the horse you need.



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DO YOU HAVE THE POTENTIAL FOR GREATNESS



Competition Mental Skills by Barb Schulte

I'm going to talk about the myth that certain types of people have an ability for higher levels of success. The relationship between personality and performance is often misunderstood.

The truth is your beliefs about yourself determine if you give yourself the gift of unlimited learning and growth.

Your ability to have a vision, feel the right emotions and do your job are what determine if you continue to improve.

Some people believe that if you are shy, you have to change your personality to be successful.

To throw that idea out the window, look at the different personalities in any sport. You don't have to change who you are to be successful. In fact, if you try to change who you really are ... that never ever works.

If you tend to be the quiet type, you may need to get more aggressive at some point or let go of things you can't control, but it's not about changing your personality.

And what if people tell you that you aren't aggressive enough and that you don't have that killer instinct?

Here's what I know. Being aggressive is a concept. It means different things to different people.

If you do need to be more aggressive, first you need to understand when to be aggressive and under what conditions. Ask for concrete examples and clear ideas. Try it. If it works, yah! If it doesn't work, evaluate whether you should try it again ... or not.

And what about the 'ole killer instinct idea?

Some people think it's good to want to 'beat' other people. I understand that competitive spirit drive. But I would say, that the only thing you have control of is reaching for and exceeding your own personal best ... not beating others.

When you compete, measure your success against your own scorecard. And know that when you reach the level of excellence of those at the top of the division of your sport, results take care of themselves.

Other people think of killer instinct as an ability to be unaffected by the emotions of those around you. That's a good thing when it comes to doing your job with your horse. You have your own work to do. It's ok to feel empathy for other people but don't let it affect your own mental and emotional state.

Work on your own concentration skills. In order to ride at your best, you must be able to do your job with your horse ... and your job takes concentration and positive emotions.

The personality traits of highly successful riders are not some special gift from above that they have ... and maybe you have them ... or maybe you don't.

Excellent riders are not born. All of the skills you need to be successful are made with hard work, excellent instruction, patience, focus, and persistence. They are not inherited.

We all have the potential for greatness. And so do you. True greatness is measured by you ... not the outside world.

2019 / 2020 UPCOMING EVENTS WITH BARB & SANDY

January 24-26, Art of the Cowgirl - Phoenix, Az - Sandy

February 7-9, High Performance Clinic - Queen Creek, AZ - Horseshoe Park & Equestrian Centre

April 30 - May 4, Women's Riding and Wholeness Retreat - Granby, CO. Barbra with Julie Goodnight

September 29 - October 1, Save the Date - Brasada Ranch - Powell Butte, OR