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2022 Show Schedule

Competition Mental Skills: Two Exercises for Show Prep / Barbra Schulte

Baby it's Cold Outside

Darren T. G.



2022 Show Dates

May 7th & 8th - Keystone Horse Center, Bloomsburg, PA

June 18th & 19th - Keystone Horse Center, Bloomsburg, PA

Sept 17th & 18th - Memorial Cutting - Keystone Horse Center, Bloomsburg, PA

Oct 28th - 30th - Appalachian Circuit Finals - TBD

Register for PCHA shows online at pchacutting.com/showinfo

On-site registration is also available



BARB SCHULTE & SANDY COLLIER

ONLINE EDUCATION AVAILABLE

Take the opportunity this winter to see videos and read blogs
BarbraSchulte.com SandyCollier.com BeUnstoppable.us

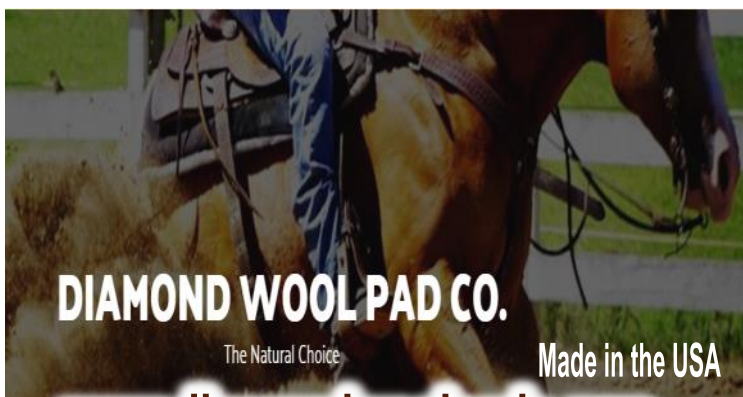
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DEDICATION
AND
A POSITIVE MENTAL ATTITUDE
IS A WAY OF LIFE

SandyCollier.com

BARB SCHULTE CLINIC

March 5-7, 2022: Reined Cow Horse and Cutting Show Clinic
Triple J Ranch, Sarasota, Florida

**Barb & Sandy both have additional clinics & retreats.
Sandy's judging schedule is also posted on her website.**



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Barb Schulte and Sandy Collier : used with permission

I love this time of year. It's unique in so many ways. The weather is refreshing, the colors are gorgeous, and there's a lot of change going on.

For many, it's a special show season. I want to shout out to my friends who are going to their final weekend show, large year-end competition, futurity, or some other big show - and you feel excited. And I know, of course, you want to do well.

First, know that I'm rooting for you. You've worked hard, and this is your time. Go for it. Have fun. Focus. Give it all you've got and enjoy the experience.

One of my favorite things about showing (or anytime there's a performance involved and you want to do something extraordinary in front of others) is getting into that place of a calm, yet energized, and laser-focused state of mind and body. It feels like a total immersion into the best of you and your horse.

Nothing exists except you and your horse and doing your job.

One way to practice being in that place is to think through how you want it to go at the highest level possible for you and your horse. Write it down. Then visualize it. Practice being there so when you are at the show, it feels like you've been in that physical show arena - you've been on your horse - and both of you are doing your glorious thing - a million times already!

Here's my second thought for you: Going to the show is not the time to catch up on training. That part of preparation was done at home.

Treat yourself and your horse to the time it takes to easily get ready on show day - to show your best. You're not entering an arena to cover up your weaknesses.

If your horse has some spots that need help, plan how you will do that at the show, but for support, not trying to finish out your training.

It's not your job to be perfect in the show pen. It's about going for excellence. Staying focused and loose by thoroughly preparing on show day will help you do that.

So those are your exercises.

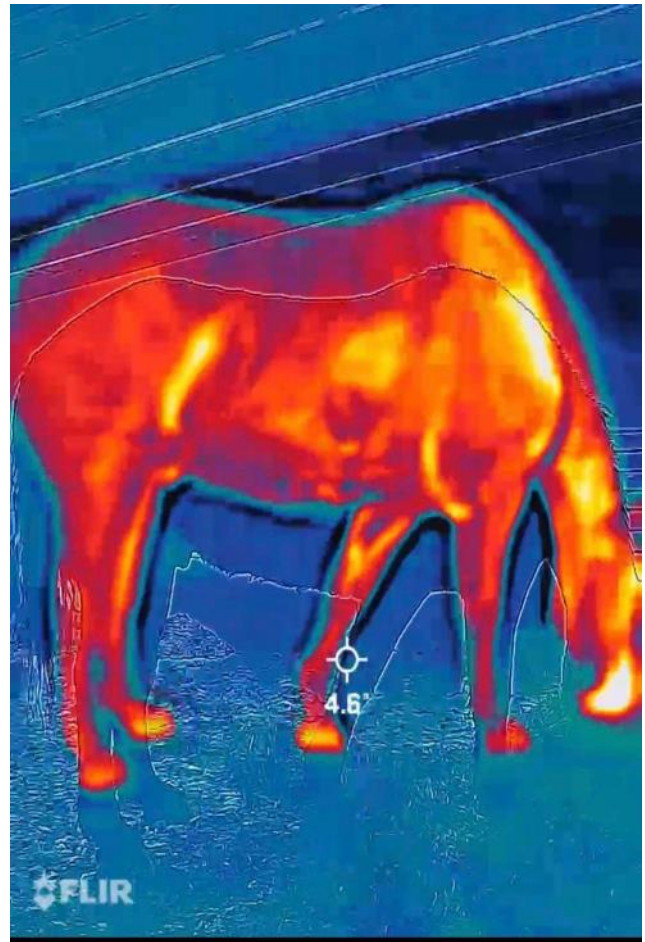
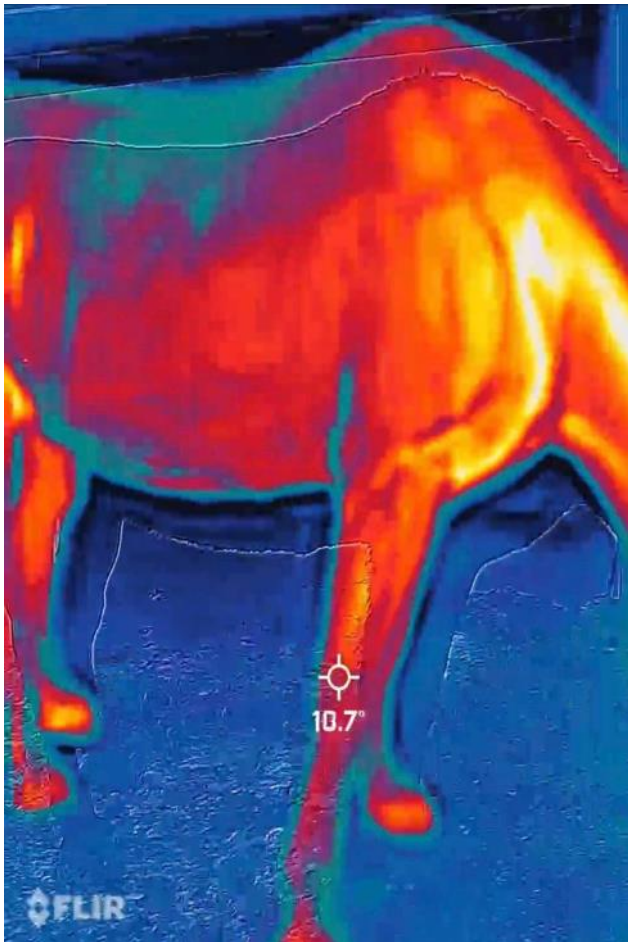
Rehearse over and over in your mind, who are you and your horse at your best? Get that picture and feel it in your mind and body. Don't let it go.

And then give yourself all the time you need to do what you need to do to get you and your horse ready to walk into the arena feeling on top of the world.

None of us have any control over results. They always take care of themselves.

Have a blast. How lucky we all are to have the opportunity to be with our horses and the people we love.

Baby it's cold outside! Is my horse warm enough?



Rene Capps : Dec 27 @ 1:00 pm : used with permission

Rome lives outside and has a covered shelter but doesn't live in the insulated barn in heavy blankets in a palace of shavings like the other three do.

Even though he is a woolly mammoth and clearly in absolutely NO danger of starvation I always worry that they are cold #Romanthedestroyer doesn't fit in blankets very well and they don't last long anyways!

This really shows how warm they stay and made me feel better. The first photo was right when I fed this morning and you can see along his top he is not as warm as the rest of his body, and then the next photo where he is completely warm everywhere was about 20 minutes after he had been eating. It was cool to see that when they start eating they really do generate a ton of body heat and it does warm them up. So giving an extra flake or two on the cold nights and keeping them well fed really works if you had any doubt!

Cutting Horse TRAINERS

One of the most important aspects of learning a new horse discipline is good training. These trainers will help get you off to a good start and/or keep you going & growing.



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Bauer Cutting Horses

Bauer Cutting Horses is a horse training facility that specializes in the development and training of cutting horses. Other services offered include, but are not limited to: beginner, youth, amateur and non-pro instruction (general riding and cutting), sales, and stallion promotion.

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Nave Cutting Horses

At Nave Cowhorses, we're committed to encouraging clients to learn and grow continuously. Our philosophy reflects this commitment to being a student of our sport, not just a participant. Browse our website to learn more, and get in touch if you have any questions.

Andrew Nave

Everett Pennsylvania Navecowhorses.com & on Facebook 814.327.1264



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As you know, we offer \$499 added money classes each day in the Open, Non-Pro, 5K Novice and the 5K Nov NP, as well as \$299 added in the 25K Nov and \$200 added in the 50K Amateur and 25K NH NP.

However, we cannot do this without our generous sponsors.

We are extremely grateful to everyone who has sponsored us in the past, and we would love to continue growing our PCHA community!

We offer a variety of sponsorship packages providing visibility and access to our PCHA events and members. This can include banners hung up at shows, social media shout outs (we have over 1.7k followers on Facebook alone), class naming rights, show announcements, or logo displays on the website and in our monthly newsletters.

You can help PCHA grow our sponsor network by...

- Ω Reaching out to businesses you think would benefit from having their name in front of avid cutters, and horsemen.
- Ω Rounding up a few fellow members to jointly sponsor a class together.
- Ω Considering sponsorship of a class in honor of the memory of someone who inspired you – or inspired some of our cutters throughout PCHA.

Check out the various sponsorship opportunities and sign up to become a sponsor @

<https://www.pchacutting.com/sponsor-info>

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484-256-1233 Dave@irishcreekinc.com

VICE PRESIDENT JACK WERNER

267-246-6511 jcw@dejazzd.com

SECRETARY LYNDRA BILLS

215-206-4850 ljbshrink@gmail.com

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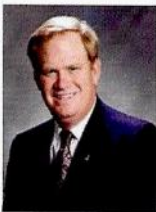
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(717) 337-1133 Fax
(717) 752-0225 Cell
E-mail: marty.miller@miller-re.com
Website: www.miller-re.com



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IRISH CREEK





PCHA

Pennsylvania Cutting Horse Association

2022
Membership &
Nomination
Application

To help ensure we have accurate information, please complete the entire contact section.

Name:		Date:	
Address:			
Primary Phone:		Alt. Phone:	
Email:			

Membership Applications \$25 per adult

\$15 per youth*

NCHA # Adult 1		NCHA # Youth 1	
NCHA # Adult 2		NCHA # Youth 2	

All nominations include rider and all horses shown by PCHA member. Award recipients must participate in 40% of the PCHA approved classes. The rider and owner of any horse must be a PCHA member for points to count for year end awards. Only money won after paid nominations will count toward year-end awards.

NOTE: Youth are required to be PCHA members for points to count towards year-end awards, but the owners of horses they ride may be non-members.

Nominations \$75 per adult

\$25 per youth

Adult 1:		Youth 1:	
Adult 2:		Youth 2:	
Adult 3:		Youth 3:	

Newsletters: In an effort to reduce cost, newsletters will be electronically shared through email, Facebook, and our website. Click on the link at the bottom of the membership page of our newsletter to subscribe to our email list.

My signature below confirms all information, nominations for year-end awards, and my donation to the PCHA.

Signature: _____

Please send completed forms to Bill Stein:
495 Schell Rd, Turbotville, PA 17772
or hws711@gmail.com

Qty	MEMBERSHIP:	Amt
	Adult(s) @ \$25 each	\$
	Youth(s) @ \$15 each	\$
	NOMINATIONS	
	Adult(s) @ \$75 each:	\$
	Youth(s) @ \$25 each:	\$
	Donation to PCHA:	\$
	Total Enclosed:	\$

Thank You!

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Payment received: ___ On Settlement ___ Cash ___ Check # ___
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